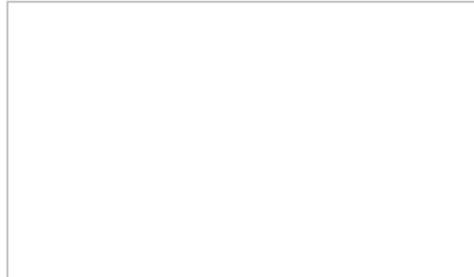

Capitol Area North United Methodist Women News

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**Capitol Area North
E-Newsletter
July 2020**

From you CANDO Treasurer, Shirley Adams

Greetings! Income continues at a very slow pace resulting in end of June totals for the undesignated giving at \$12,219.86 and designated giving at \$2,385.00. Thus, we have sent only 21.4% of our pledge to the West Ohio Conference.

I know we all have been hoping to get back to some normal routines/activities, however, the current reports do not sound promising. But, we know God is in charge and our hope is in Him.

“God is good all the time. All the time God is good.” How easy this used to be to say during worship. But now in this new normal? Is this still one’s conviction? One’s faith and hope? Let’s hope so and lift up the word good. Do good. Romans 8:28 speaks to this. “We know that all things work together for good for those who love God, who are called according to God’s purpose” (NRSV). As United Methodist Women we know we have been called to a purpose. Four justice issues have been chosen for our priority: 1. Just energy for all. 2. Interrupt the school-to -prison pipeline. 3. Living wage for all. 4. Maternal mortality/ maternal/ child health. Let’s call attention to Maternal and child health. We know it takes money to make mission happen. So keep those Pledges coming in. Here’s a chart from our 2019-2020 “Let Your Light Shine: Ignited for Justice” Program book entitled Mission by the Minute. Here’s what was done in 2018. Every minute counts. What was your part?

2018 - UMW Mission \$s spent in 1 year: \$12,844,204.00; 1 day: \$35,189.60; 1 hour: \$1,466.23; 1 minute: \$24.44; 1 second: \$0.41.

That's a lot of working together for good for God. That's just the treasure part! What about the uncalculated time, talent and talk(witness)? All this is a lot of togetherness which we're not feeling as we are separated by the COVID-19 pandemic. But we're in this together still for good. Zig Ziegler said,"Don't count the things you do; do the things that count". The chart showed that every second counts— so much good done. Thank you to all who responded to the call for Re- entry kits for the early release incarcerated neighbors.

Here are some things one might do to promote maternal- child health: 1. Reaffirm parenting skills of new parents, family, neighbors, friends and child care givers. 2. Offer respite care. 3. Help reduce stress and anxiety for working - at - home parents, children and grandchildren with notes, texts, FaceTime, Skype, Zoom, doing errands, meals, storytime and playtime. 4 Pray for safe opening of playgrounds, libraries, camps, daycare and schools, for jobs, job security, food security and well-being. 5. Promote the ABC's of safe sleeping habits: A= Alone, B= on baby's back, C=in a Crib. Share a room; not a bed. 6. Support Celebrate One and "on their sleeves" Nationwide Children's Hospital initiatives. 7. Advocate for "Don't Miss a Dose (immunizations). Keep up with infant and childhood immunizations. Doctors and pediatricians are concerned about the fall off in regular immunizations. 8. Acquaint people with Breath Prayer technique to relax tension and stress. Breathe in: I'm gonna live so God can use me. Breathe out:to be a better mom (parent, person) and make a better world. Or something meaningful. Repeat as needed.

Healthy moms and children are a priority of UMW just as children were a priority of Jesus. He was firm in his admonition to his disciples to " let the children come to me for to such as these is the kingdom of God - and he took them up in his arms and laid his hands on them and blessed them". (NRSV, Mark 10:13-16; Matthew 19:14; Luke 18:16). As UMW moms, sisters, sisters-in-law, daughters, aunts, grandmothers, great grandmothers , God- mother's, neighbors, friends and mentors we are called to do good together for God for God's purpose and to bless the children as Jesus did. Promote: #Don't miss a dose (immunization). Please contact Debby Steele for a list of UMW and other community resources @ jj.Steele@att.net or 371 Shyanne Dr, Powell, Ohio 43065. My street number was incorrect in the last CANDO Newsletter.

Debby Steele, Membership

Faith is the strength by which a shattered world shall emerge into the light. (Helen Keller)

From Galatians 5:1 and 14 "For freedom, Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery. For the whole law is summed up in a single commandment, "You shall love your neighbor as yourself" .

With all the down time, take time to pray for all the World and the situations that are around us. In times of quiet meditation how much better to trust all things to God. Prayers for family and friends, protests and riots, those incarcerated/released, homelessness, racism, COVID-19, illness, our servicemen and women, our first responders, hospital workers, law enforcement and this great Nation of ours and thank Him for the blessings we receive. Take time, even with social distancing, to take a walk, read a book, especially your Bible, take a drive in the country, look for a rainbow, call someone and wish them well. Stand still and just look at the night sky--view the stars, a source of never ending wonder.

As UMW we are called to be of service. Help with the UMW projects and outreach of your church. Be a witness of your faith in action. As I listen to my pastor each Sunday morning, his final words of his sermon are "RIGHT HERE-- RIGHT NOW.

In Christs Love,
Bonnie Spriggs, Education & Program Resources

Know anyone who would like to receive our newsletters (quarterly and monthly E-newsletters), please send their contact information to smfunt922@gmail.com.

Shirley Funt, Communications



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